



Recovery Management Checkup (RMC)

DMHAS - QPM Presentation June 2024

Co-presented by PIK & PL / NJ CARS



Coalition for
Addiction
Recovery
Support



PIK
PREVENTION IS KEY
INCORPORATED
Every Person, Every Day

Program Overview

- The RMC Initiative is funded by DMHAS - Division of Mental Health and Addiction Services
- Prevention is Key serves the seven Northern Counties of New Jersey
- Prevention Links/NJ CARS serves the fourteen Central and Southern Counties of New Jersey



Program Overview

Prevention is Key serves the 7 Northern Counties of NJ:

- Bergen
- Essex
- Hudson
- Passaic
- Morris
- Sussex
- Warren



CARES
CENTER FOR ADDICTION RECOVERY, EDUCATION AND SUCCESS

PIK PREVENTION IS KEY
SPECIAL PROJECT



Program Overview

Prevention Links NJ CARS serves the 14 Central and Southern Counties of NJ:

- Hunterdon
- Mercer
- Somerset
- Middlesex
- Union
- Monmouth
- Burlington
- Camden
- Ocean
- Salem
- Cumberland
- Gloucester
- Atlantic
- Cape May



RMC OBJECTIVE

- RMC's objective is to provide monthly peer support services, including referral and case connection to support participants' independent living and recovery success.
- RMC will be available to all individuals discharging from licensed SUD treatment facilities for substance use disorder
 - This includes LGBTQ+ and veteran populations, as well as, those in need of language services.
- RMC Peers will collaborate with community partners to ensure coordination, equity, and inclusion of care.
- RMC will strive to support clients increase recovery capital.



How It Works

- Individuals will be referred to RMC services by NJ treatment providers upon discharge from treatment.
- Referrals accepted via online kiosk, in person, and via email.
- RMC staff contact discharged individuals via telephone calls, video chats, text messages, or face-face visits.
- RMC staff provides case management sessions at least once per month for a duration of 9 months.



How It Works Cont'd.

As a peer-based program, determined by participants' unique needs, RMC Peers employ at least one of these evidence-based/evidence-informed techniques:

- Motivational Interviewing: focus on stages of change.
- Mental Health First Aid: to improve self-awareness and personal health.
- Trauma Informed Care: to convey better understanding and empathy.



Referral Processes

- RMC staff will provide connections to local recovery supports, such as:
 - Referrals for emergency shelter
 - Mental health services
 - Childcare
 - Assistance with physical health
 - Employment assistance,
 - Legal
 - Vocational training,
 - Connections to SNAP benefits
 - Recovery support meetings
 - Recreational activities
 - Other community resources
- Services provided by Certified Peer Recovery Specialists, trained individuals using their own lived experience with problematic substance use and recovery.



COMMUNITY PARTNERS

- Across the 7 Northern Counties, PIK has conducted outreaches to 171 unduplicated facilities and providers.
- Some of our partners include:
 - Alina Lodge
 - Acenda Health
 - Aspire Counseling Center
 - Better Life Recovery
 - Bluecrest Recovery
 - Care Plus
 - Cope Center
 - Counseling Center of Fair Lawn
 - Cura Inc.
 - Elev8
 - Eva's Village
 - Excel Treatment Center
 - First Light Counseling
 - Garden State Treatment Center
 - High Focus Centers
 - Integrity House
 - Morris County Aftercare Center
 - Mt Olive Counseling Clinic
 - New Bridge Medical Center
 - Newton Medical Center
 - Recovery Centers of America
 - Seabrook
 - St. Clare's Behavioral Health
 - Straight & Narrow
 - Summit Oaks Hospital
 - The Bridge Inc.
 - Trinitas Regional Medical Center
 - Turning Point



COMMUNITY PARTNERS

Throughout New Jersey, NJ CARS has conducted workshops, in-service trainings, and speaking commitments to over 150 unduplicated Treatment providers and Recovery Support Service agencies.

Some of our partners include:

- Acenda Health
- Bergen New Bridge Medical Center
- Blake Recover Center – Carrier Clinic
- CPC Behavioral Healthcare
- Cape Assist
- Clear Conscience Counseling Center
- Elev8
- Ellie Health
- Epiphany House
- Eva’s Village
- Integrity House
- Iron Recovery
- John Brooks - Atlanticare
- Lacey Treatment Services
- Maryville
- New Brunswick Counseling Center
- New Hope IBHC
- Organization for Recovery
- Pyramid Healthcare
- Recovery Centers of America
- Seabrook
- Solstice
- South Amboy Health Clinic
- Spectrum Health
- Suburban Health Clinic
- Summit Oaks Hospital
- Turning Point
- Veritas Recovery Center



PIK CARES - Participant Information

	Category	Female	Male	Combined
	Average Age	45	47	46
	Gender Count	181	342	523
Race	Asian	1	0	1
	Black or African American	66	126	192
	Native American	0	1	1
	Other	49	92	141
	Refused	0	10	10
	White	66	120	186
Ethnicity	Hispanic	32	73	105
	Not Hispanic	119	203	322
	Refused	6	12	18
County of Residence	Bergen	13	41	54
	Essex	84	153	237
	Hudson	19	46	65
	Morris	18	27	45
	Passaic	32	50	82
	Sussex	3	2	5
	Warren	4	5	9



*These figures include all participants served by the RMC Program to date

PIK CARES - Total Participant Contacts Per Month

All Participants	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Number of individuals contacted	123	177	168	193	224	254	239	246
Number of individuals successfully contacted	90	76	59	38	58	68	60	56

These figures combine new and continuing participants.

NJ CARS - Participant Information

	Demographics - Central	Female	Male	Combined
	Average Age	37	40	39
	Gender Count	91	153	244
Race	Asian	0	2	2
	Black or African American	31	48	79
	Native American	0	1	1
	Other	5	14	19
	Refused	4	9	13
	White	51	79	130
Ethnicity	Hispanic	16	33	49
	Not Hispanic	71	111	182
	Refused	4	6	10
County of Residence	Atlantic	1	1	2
	Hunterdon	1	6	7
	Mercer	9	9	18
	Middlesex	23	43	66
	Monmouth	25	31	56
	Morris	4	1	5
	Somerset	4	10	14
	Union	16	30	46
	Warren	0	1	1
	In-transit	7	17	24
	Refused	0	0	0



RMC Central



NJ CARS - Total Participant Contacts Per Month



All Participants CENTRAL	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Number of individuals contacted	19	36	70	92	158	131	162	180
Number of individuals successfully contacted	19	34	47	58	84	45	30	33

These figures combine new and continuing participants.



NJ CARS - Participant Information



RMC South

	Demographics - South	Female	Male	Combined
	Average Age	38	43	41
	Gender Count	149	167	316
Race	Asian	1	1	2
	Black or African American	27	44	71
	Native American	1	2	3
	Other	3	14	17
	Refused	1	6	7
	White	116	100	216
Ethnicity	Hispanic	15	28	43
	Not Hispanic	128	133	261
	Refused	2	3	5
County of Residence	Atlantic	32	46	78
	Burlington	9	12	21
	Camden	19	34	53
	Cape May	5	6	11
	Cumberland	6	4	10
	Essex	3	0	3
	Gloucester	10	14	24
	Middlesex	1	0	1
	Monmouth	1	0	1
	Ocean	59	47	106
	Salem	4	3	7



NJ CARS - Total Participant Contacts Per Month



All Participants SOUTH	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Number of individuals contacted	47	71	86	120	203	226	250	272
Number of individuals successfully contacted	21	39	39	43	93	79	57	83

These figures combine new and continuing participants.

CONFIDENTIAL



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Visit us on the Web:
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RDP Referral Kiosk



<https://fvrhub.org/pik-consent/>



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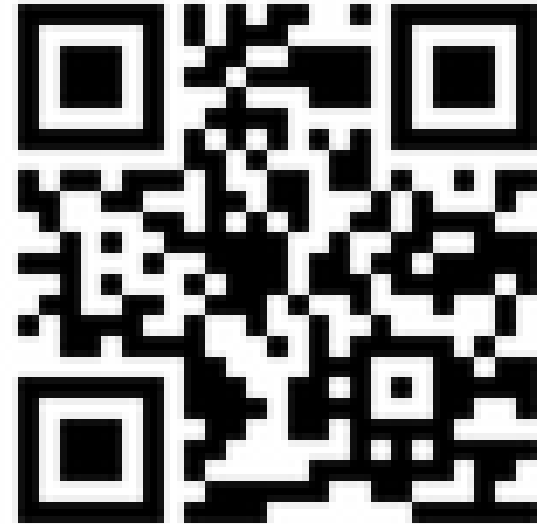
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